

Club Circular E.9

CORONAVIRUS (COVID-19) – FILM – "Protection on Board" June 2020

Dear Member,

In our previous film "<u>Coronavirus – Mental Resilience On Board</u>" we addressed the importance of mental resilience. In the film we identified some of the threats for those on board; and focussed on how to combat stress to maintain a good and positive mental state by including details of skills and coping strategies to help.

To continue to help support seafarers at this challenging time, we have developed a new programme which was produced by Marine Media Enterprises with the support of Columbia Ship Management, Petronav Ship Management, The International Chamber of Shipping, MCTC Marine Ltd, Seaworld Management and Steamship Mutual.

The third video in our series "Protection on Board", which you can find on our website, addresses the threats that arise when the vessel reaches port, and identifies the measures that should be taken and the procedures to be followed to reduce the risk of seafarers contracting the virus during their vessel's time in port.

You can still download "<u>Coronavirus - Stay Safe On Board</u>" and "<u>Coronavirus – Mental Resilience On</u> <u>Board</u>" from our website where you will also find links to translated subtitled versions of the film.

For further information and advice relating to the Coronavirus (COVID-19), please refer to the information on our website, which is updated regularly: https://www.steamshipmutual.com/publications/Articles/coronavirus012020.htm

Yours faithfully,

STEAMSHIP MUTUAL UNDERWRITING ASSOCIATION (EUROPE) LIMITED

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