



STEAMSHIP MUTUAL

To the Members

November 2013

Dear Sirs,

EXTENSION OF THE CLUB'S ENHANCED CREW PRE-EMPLOYMENT MEDICAL EXAMINATION (PEME) SCHEME TO INDIA

The Club's Enhanced Crew Pre-Employment Medical Examination (PEME) Scheme was initially established in the Philippines (Circular B.479) and subsequently extended to Ukraine and Russia (Circular B.500) in an on-going loss prevention effort to reduce the risk of unnecessary crew claims arising from pre-existing medical conditions and/or health risks.

Following continuing collection and analysis of crew claims data, it has been decided to expand the scheme further to include India. On the advice and recommendations of the Managers' independent UK-based medical consultants, Medical Rescue International (MRI), clinics have been selected, examination standards compiled and costs agreed.

As for the Philippines, Russia and Ukraine, the examinations are tailored to three age groups - under 30 years of age, 31 to 45, and 46 and over - and the medical examination guidelines are essentially the same as apply in the Philippines. All relevant documents and information, including examination records can be found on the Club's website under the following link:

<http://www.steamshipmutual.com/loss-prevention/PEME.html>

The Managers fully appreciate that as with the other countries in which the scheme operates, many Members may already have arrangements in place in relation to PEMEs for recruits from India. The Club's PEME scheme is not compulsory and neither seeks to interfere with any of those arrangements nor to limit Members' choice of PEME clinics.

However, for the reasons outlined in Circular B.479 and Risk Alert 29, the Managers hope that Members will recognise the benefits that can be derived from the use of the Club's enhanced PEME scheme and the accredited PEME Clinics. The Managers therefore strongly recommend that the Clinics selected for the scheme are used to conduct Steamship Mutual PEMEs in the Philippines, Russia, Ukraine and India as far as possible in order to maximise the potential benefits for both Members and the Club.

Details of the accredited clinics in India are as follows:

MUMBAI

Marine Medical Services

Room 301, Vishwananank Apt., Andheri-Ghatkopar link Road,
Chakala, Andheri East; Mumbai 400099
Tel: 0091 22 65901052
Email: marinemedical@gmail.com
Contact: Dr Ashish Chaudhari

B.611

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Registered Office: Clarendon House, 2 Church Street, Hamilton HM 11, Bermuda

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WASHINGTON MALL I, PO BOX HM 447, HAMILTON HM BX, BERMUDA
Tel: (441) 295 4502 Fax: (441) 292 8787 Website: www.steamshipmutual.com

Jaya Diagnostic Centre

1st Floor, Kalpataru Heritage Building, above HDFC bank, Opp. Mumbai University, Fountain, Mumbai 400001

Tel: 0091 22 22675141, 22672095

Email: drkamaljaya@gmail.com

Contact: Dr Kamal Vazirani

Seabird Medicare Clinic

A, 101-102, Heritage Plaza, Telli Cross Lane, Andheri East, Mumbai 400069;

Tel: 0091 22 26821823, 26840345, 26823285

Email: seabird@seabirdhf.com

Contact: Dr Jacob Mathew

KOLKATA

AMRI (Advance Medical and Rescue Institution)

97A Southern Avenue, Kolkata 700 029

Tel: 0091 33 3257 0268

Email: jyotiprakasguha@gmail.com or jyotiprakasguha@rediffmail.com

Contact: Dr J. P. Guha

Maritime Medical Consultancy Clinic

11/1A Manoharpukar Road, Kolkata 700 026;

Tel: 0091 33 2419 2228, 2419 2386

Email: m_m_c@maritimemedical.net

Contact: Dr Sanjiv Mukherjee

MORMUGAO

Indus Seafarers Health and Welfare Clinic

Nova Cidade Commercial Complex, Alto Porvirim, Goa

Tel: 0091 832 2417038

Email: Indus_mc@hotmail.com

Contact: Dr Suresh Idnani

CHENNAI

Balaji Medical Centre

PPJ Chambers, 58/59, Rajaji Salai, Ground Floor, Chennai 600 001, Tamil Nadu

Tel: 0091 44 2524 4601, 2526 7886

Email: ahbalaji@gmail.com

Contact: Dr A. H. Balaji

The costs of enhanced PEMEs at all of the above clinics in India are as follows:

Age 30 and below: US\$ 93

Age 31 to 45: US\$106

Age 46 and above: US\$135

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There may be further charges if additional tests are required due to findings in the principal examination.

Any requests for further information or questions about the Steamship Mutual PEME scheme should be directed to either Ilka Beck or Chris Adams at the Managers' London representatives.

Yours Faithfully,

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